

D = dabigatran; RR = relative risk; RRR = relative risk reduction.

Dabigatran etexilate is not approved for clinical use in stroke prevention in atrial fibrillation outside the US and Canada. Connolly SJ, et al. *N Engl J Med* 2009;361:1139-1151.

# **RE-LY<sup>®</sup> IN PERSPECTIVE**

### Meta-analysis of ischaemic stroke or systemic embolism



Dabigatran etexilate is not approved for clinical use in stroke prevention in atrial fibrillation outside the US and Canada. Camm J. Oral presentation at ESC on 30 Aug 2009 http://www.escardio.org/congresses/esc-2009/webcasts/pages/sunday.asp

# MAJOR BLEEDING RATES



### APIXABAN VERSUS WARFARIN IN PATIENTS WITH ATRIAL FIBRILLATION RESULTS OF THE ARISTOTLE TRIAL

# Atrial Fibrillation with at Least One Additional Risk Factor for Stroke

Inclusion risk factors Age ≥ 75 years Prior stroke, TIA, or SE HF or LVEF ≤ 40% Diabetes mellitus Hypertension Randomize double blind, double dummy (n = 18,201) Major exclusion criteria Mechanical prosthetic valve Severe renal insufficiency Need for aspirin plus thienopyridine

Apixaban 5 mg oral twice daily (2.5 mg BID in selected patients)

Warfarin (target INR 2-3)

Warfarin/warfarin placebo adjusted by INR/sham INR based on encrypted point-of-care testing device

Primary outcome: stroke or systemic embolism

Hierarchical testing: non-inferiority for primary outcome, superiority for primary outcome, major bleeding, death

# Primary Outcome

Stroke (ischemic or hemorrhagic) or systemic embolism





Rivaroxaban Once-daily oral direct factor Xa inhibition Compared with vitamin K antagonism for prevention of stroke and Embolism Trial in Atrial Fibrillation

# **ROCKETAF**





# Primary Efficacy Outcome

Stroke and non-CNS Embolism



Event Rates are per 100 patient-years Based on Protocol Compliant on Treatment Population

#### Primary Safety Outcomes

	Rivaroxaban	Warfarin		
	Event Rate	Event Rate	HR (95% CI)	P-value
Major and non-major Clinically Relevant	14.91	14.52	1.03 (0.96, 1.11)	0.442
Major	3.60	3.45	1.04 (0.90, 1.20)	0.576
Non-major Clinically Relevant	11.80	11.37	1.04 (0.96, 1.13)	0.345

Global Study to Assess the Safety and Effectiveness of DU-176b(Edoxaban) vs Standard Practice of Dosing With Warfarin in Patients With Atrial Fibrillation (EngageAFTIMI48)

**STILL ONGOING** 

# Limitation of current oral anticoagulant

- No monitoring
- Unable to titrate dose
- Failure of therapy vs. poor compliance
- Short t<sub>1/2</sub>
- Poor compliance may affect efficacy more than VKA
- ø No antidote
- Renal/hepatic dose adjustments likely required
- Cost



## Novel anticoagulant in ACS

#### Table 3 Phase II Double-Blind, Placebo-Controlled, Dose-Escalation Trials of New Anticoagulants in Acute Coronary Syndromes

	Dabigatran Etexilate	Rivaroxaban	Apixaban	Darexaban
Acronym	RE-DEEM	ATLAS	APPRAISE	RUBY-1
n	1,861	3,491	1,715	1,279
STEMI/NSTEMI ACS, %	60/40	52/48	61-67/33-39	71/29
Dual platelet inhibition, %	99	Stratum 1: 0; stratum 2: 100	76	97
Duration of therapy, months	6	6	6	6
Dosage	50-150 B.I.D.	5–20 mg Q.D.	10-20 mg Q.D./2.5-10 mg B.I.D.	10-60 mg Q.D./5-30 mg B.I.D.
Safety outcome, HR (95% CI)	50 mg: 1.82 (0.77-4.29)	Stratum 1:	2.5 mg B.I.D.: 1.78 (0.91-3.48)	10 mg Q.D.: 1.78 (0.68-4.60)
	75 mg: 2.44 (1.05-5.65)	5 mg: 0.81 (0.09-7.23)	10 mg B.I.D.: 2.45 (1.31-4.61)	30 mg Q.D.: 1.83 (0.71-4.75)
	110 mg: 3.36 (1.60-7.91)	10 mg: 3.40 (0.91-12.65)	10-mg B.I.D. and 20-mg Q.D.	60 mg Q.D.: 2.43 (0.98-5.97)
	150 mg: 3.88 (1.73-8.74)	20 mg: 6.43 (1.94-21.37) arms terminat	arms terminated because of a	5 mg B.I.D.: 2.05 (0.81-5.15)
		Stratum 2:	high bleeding* risk	15 mg B.I.D.: 2.27 (0.92-5.59)
		5 mg: 2.17 (0.91-5.18)		30 mg B.I.D.: 3.80 (1.66-8.68)
		10 mg: 3.34 (2.15-5.19)		
		15 mg: 3.41 (1.97-5.89)		
		20 mg: 4.56 (2.83-7.33)		

\*Bleeding definition: International Society on Thrombosis and Haemostasis major and clinically relevant nonmajor bleeding for dabigatran etexilate, apixaban, and darexaban; Thrombolysis In Myocardial Infarction major, Thrombolysis In Myocardial Infarction minor, or bleeding requiring medical attention for rivaroxaban.

ACS = acute coronary syndrome(s); B.I.D. = twice daily; CI = confidence interval; HR = hazard ratio; NSTEMI = non-ST-segment elevation myocardial infarction; Q.D. = once daily; STEMI = ST-segment elevation myocardial infarction.



Table 5	APPRAIS	E-2 Versus AIL	AS-2: Efficacy	and Safety Outcon	nes
		APPRA	ISE-2*		_
		Apixaban (n = 3,705)	Placebo (n = 3,687)	HR (95% CI)	2
Efficacy out	comes				
CV death		105 (2.8)	109 (3.0)	0.96 (0.73-1.25)	
Myocardia	al infarction	182 (4.9)	194 (5.3)	0.93 (0.76-1.14)	
Ischemic	stroke	23 (0.6)§	34 (0.9)	0.68 (0.40-1.15)	
Stent thrombosis		35 (0.9)	48 (1.3)	0.73 (0.47-1.17)	
Safety outco	omes				
ICH		12 (0.3)**	3 (0.1)	4.06 (1.15-14.38)	
Fatal blee	eding	5 (0.1)	0 (0)	NA	

	ATLAS-2†				
Rivaroxaban 2.5 mg B.I.D.	Rivaroxaban 5 mg B.I.D.	Placebo		HR (95% CI)	Rivaro xaban
(n = 5,114)	(n = 5,115)	(n = 5, 113)	2.5 mg B.I.D. vs. Placebo	5 mg B.I.D. vs. Placebo	Combined vs. Place bo
94 (2.7)‡	132 (4.0)	143 (4.1)	0.66 (0.51-0.86)	0.94 (0.75-1.20)	0.80 (0.65-0.99)
205 (6.1)	179 (4.9)	229 (6.6)	0.90 (0.75-1.09)	0.79 (0.65-0.97)	0.85 (0.72-1.00)
30 (1.0)	35 (0.9)	34 (1.0)	0.89 (0.55-1.45)	1.05 (0.65-1.68)	0.97 (0.66-1.47)
47 (2.2)	51 (2.3)#	72 (2.9)	0.65 (0.45-0.94)	0.73 (0.51-1.04)	0.69 (0.51-0.93)
14 (0.4)††	18 (0.7)‡‡	5 (0.2)	2.83 (1.02-7.86)	3.74 (1.39-10.07)	3.28 (1.28-8.42)
6 (0.1)	15 (0.4)	9 (0.2)	0.67 (0.24-1.89)	1.72 (0.75-3.92)	1.19 (0.54-2-59)

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## Conclusion

#### Great step forward – 3 new alternatives

- low risk in intracranial bleeding , no definite food interaction, less drug interaction
- No need for frequent monitor and dosage adjustment

#### Still has problem

- Patient with poor renal function
- How to manage bleeding ?
- Cost ( cost vs. effectiveness)
- Af: yes, but ACS or other condition??